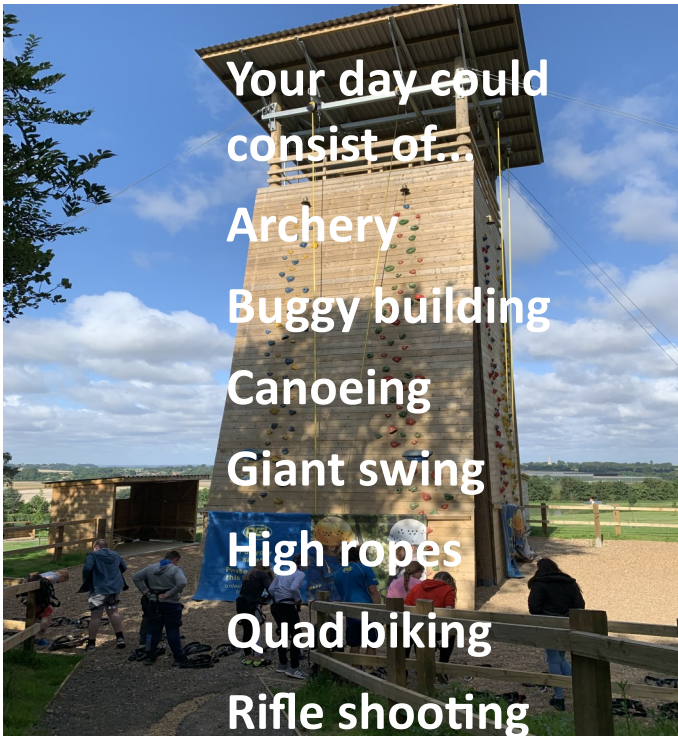


# Tu Vida

Nottinghamshire  
**Young Carers**  
Service

Come along and meet other  
Young Carers for  
fun activities, information and  
group support

**YOUNG  
CARERS SUPPORT GROUP**



Your day could  
consist of...

Archery  
Buggy building  
Canoeing  
Giant swing  
High ropes  
Quad biking  
Rifle shooting



Sensory trail  
Orienteering  
Zip wire  
Raft building



Problem solving

**PGL!!!!**

PGL Caythorpe Court  
Caythorpe Heath Lane  
Caythorpe  
Grantham  
NG32 3ER

**5th June 2021**

Arrival 8:30AM

Pick up 5:30PM

**IMPORTANT INFO**

Wear suitable outdoor  
clothing & sturdy footwear  
suitable for climbing, long hair  
tied back, no jewellery

Lunch will be provided  
Please bring correct gear for  
the weather (raincoat/  
sunscreen)  
and water

Spaces limited

To book, please contact:

Nottinghamshire Carers Hub

0115 8248 824

[nottinghamshirehub@tuvida.org](mailto:nottinghamshirehub@tuvida.org)



Nottinghamshire  
County Council

